

Colon Cleanse with Dr. Ginsburg

Eight day cleanse / two week program launches Monday April 28, 6:30 to 8:30

- Revitalize your gut, immune system, your vitality, your clarity of mind.
- You're coached as part of a small group, beginning with an orientation at the start as well as by email during the cleanse. Learn the how and why before starting.
- You choose when you start the program. Wrap-up meeting Monday May 12, 6:30 pm.
- Open to all adults. \$30, plus \$90 for materials.

Join Dr. Ginsburg in a supportive, small group setting. This program will teach you how to do it, why it is so helpful, provide you with materials, and connection to Dr. Ginsburg and the group during a cleanse using a proven system of fruit juice and supplements.

This colon cleanse [usually brings](#) improved digestion, better absorption of nutrients, better elimination, a more efficient, stronger immune system, greater energy, greater mental clarity and focus, reduced food cravings, and clearer skin and eyes.

April 28, 2014, 6:30 to 8:30 pm – Start up meeting.

Dr. Ginsburg sits with the group, answers questions and discusses how to cleanse, what will happen during it. She will set up participants for a successful experience.

May 12, 2014, 6:30 to 8:30 pm – Wrap up meeting.

Hear the experience of others in your group and understand better what happened for you. Very useful.

To register:

PLEASE REGISTER and pay by April 18.

Call our office (609-474-4325) for info and to reserve your spot.



Dr. Deborah Ginsburg
Healing-oceans.com

Testimonials:

A vegetarian of 20 years, I didn't expect much to come out, but how wrong I was! I find my mood has lifted and I have an extra hour of energy each day.

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I had lots of energy during the cleanse and was surprised I had no hunger from start to finish!

Linda

(Testimonials taken from
blessedherbs.com)

For more details, go to www.healing-oceans.com/colon-cleanse-naturally.html