



A Healing Oceans workshop: How to Use Homeopathy at Home

Taught by local homeopath, Lyn Farrugia, CCH.

Three evenings, October 8, 15, and 22, 7 to 9 pm

Cost for the series: \$225. Open to the public.

Homeopathy: a natural approach to medicine that works without side effects to stimulate the immune system so the body can heal itself.

Dr. Ginsburg recommends it frequently.

Lyn Farrugia, a remarkable homeopath and experienced teacher, has extensive experience treating chronic and acute illness, including Lyme disease, autoimmune illnesses, and autism.



In these beginner classes you will learn:

Oct 8: Intro to Homeopathy and Basic First Aid

- Remedies, prescribing, dosage, potency
- First Aid: strains and sprains, minor injuries, bites and stings

Oct 15: Colds, Fevers, and Flus

- Treating the common cold, simple fevers and flus.

Oct 22: Common Childhood Illnesses:

- Earaches, teething, sore throats, growing pains
- Remedies to keep your children healthy throughout the year.

Please call to let us know you're coming and prepay by October 3.

609-474-4325

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